



REGULATIONS

1st EDITION OF THE PhD IN 3 MINUTES

COMPETITION

LUSÓFONO INSTITUTE FOR RESEARCH AND DEVELOPMENT

CHAPTER I

General Provisions

Article 1

Scope and Purpose

1. The “PhD in 3 Minutes: Science Live” competition is an initiative aimed at doctoral students, designed to encourage them to present their research clearly, creatively and engagingly in three minutes.
2. The competition aims to showcase the research carried out at Universidade Lusófona and to strengthen the scientific communication skills of its doctoral students, promoting the communication of science to non-specialist audiences.
3. These regulations set out the conditions for participation in, and the running of, the competition, promoting the dissemination of research work developed under Universidade Lusófona's doctoral programmes.
4. Any form of discrimination on the grounds of gender, race, language, religion, political or ideological beliefs, social status or sexual orientation is prohibited.

Article 2

Eligibility

1. Students who cumulatively meet the following requirements are eligible to participate:
 - a. Be enrolled on a Doctoral programme at Universidade Lusófona;
 - b. Each student may submit only one (1) application.

Article 3

Formalities

1. The competition opens on 1 July 2026.
2. Applications must be submitted to ilind@ulusofona.pt.
3. The submission deadline is 31 July 2026.
4. The provisional ranking list will be published by ILIND on 14 August 2026, followed by a 5-working-day prior hearing period.
5. Following consideration of any submissions received, the final approved list will be published within a maximum of 5 working days after the end of the prior hearing

period.

6. The three highest-scoring projects will progress to the final phase, to be held at the “Creating Science and Fostering Innovation *Made in Lusófona*” event, in September 2026.

CHAPTER II

Phase I - Selection

Article 4

Admissibility Conditions

1. Applications must be submitted by email to ilind@ulusofona.pt, as an attached video or a sharing *link* (e.g. Google Drive or WeTransfer).
2. Presentations must be no longer than 3 minutes and must include only one *slide* or background image.
3. The recording must have picture and sound quality suitable for assessment and must not include editing, special effects or additional graphic elements.
4. The candidate must be visible throughout the presentation.
5. Applications may be presented in Portuguese or English.
6. Failure to comply with the eligibility conditions will result in exclusion of the application.

Article 5

Assessment of Proposals and Jury

1. Applications are assessed by a jury made up of the Executive Director of ILIND, who chairs it, and three members appointed by her, with complementary profiles: a senior researcher, an early-career researcher and a science and innovation manager.
2. Assessment is carried out on a scale of 0 to 10, based on the following criteria:
 - a. Clarity in formulating the research question (10%);
 - b. Presentation of the research strategy and results obtained or expected (20%);
 - c. Framing of the current state of the work and its potential impact (20%);
 - d. Use of rigorous language, suited to non-specialist audiences (20%);
 - e. Clarity, communication skills and impact on the audience (30%).

3. Exceeding the time limit will result in disqualification.
4. In the event of a tie in the final ranking, the tie-break decision shall rest with the Chair of the Jury

CHAPTER III

Phase II – Final Phase

Article 6

Admissibility Conditions

1. The three finalists present their work at the “Creating Science and Fostering Innovation *Made in Lusófona*” event, to be held in September 2026.
2. If one of the 3 finalists withdraws or is unable to attend, the next candidate with the highest score in Phase I will be called upon.
3. Presentations remain limited to a maximum of 3 minutes and must include only one slide or background image.
4. Multiple slides, additional presentations or supplementary audiovisual elements are not permitted.
5. Exceeding the set time limit will result in disqualification.

Article 7

Assessment of Proposals and Jury

1. The final jury retains the composition defined in Article 5.
2. Assessment follows the same criteria and weightings as the selection phase.
3. In the event of a tie in the final ranking, the tie-break decision shall rest with the Chair of the Jury

CHAPTER IV

Prizes

Article 8

Prizes and Conditions

1. The prize consists of financial support to attend a national or international scientific conference.

2. Eligibility for the financial support depends on providing proof of submission and acceptance of a scientific *abstract*.
3. Eligible expenses include registration, travel, accommodation, meals and local transport.
4. The support must be used within a maximum of one year after completion of the Doctoral degree.
5. The conference must be directly related to the work carried out during the Doctoral degree, and this relationship must be evidenced by the *abstract and*, when requested, a statement from the supervisor.
6. 1st place receives five hundred euros (€500), under the conditions set out in points 1 to 5 of this Article.
7. 2nd place receives one hundred and fifty euros (€150), under the conditions set out in points 1 to 5 of this Article.
8. 3rd place receives eighty euros (€80), under the conditions set out in points 1 to 5 of this Article.
9. All participants receive a certificate of participation.

CHAPTER V

Final Provisions

Article 9

Omitted Cases

Questions of interpretation and matters not covered by these regulations shall be resolved by the ILIND Management.

Article 10

Validity of these Regulations

These Regulations shall take immediate effect from the date of signature and shall remain in force until the completion of the approved projects.

Lisbon, 8 June 2026